



Skookum Houses

Two 6-bed sober houses in Nanaimo, BC offering supportive and supervised sober living at \$1650/month that allow for employment.

Overview

Skookum guests enjoy private accommodation in a tight-knit recovery community that is meant to set them up for a lifetime of sobriety. Guests can expect support as they join a 12 step program and begin their early recovery journey in an environment that holds them accountable to their aftercare plan.

Summary

Price	\$1650 per month with a \$825 security deposit held in trust.
Accountability	<ul style="list-style-type: none">● A signed legal contract stipulating that all guests must adhere to a strict after care plan including meetings, sponsorship, steps, service work● Regular and random drug testing and breathalyzer● Guests share location 24 hours a day● Curfew is midnight● Room checks
Programming	<ul style="list-style-type: none">● Morning "Meditations" Monday to Friday<ul style="list-style-type: none">○ Guests attend a morning reading and sharing at 8:15am Monday to Friday. Each guest can host the morning meditation and chooses the reading. Guests who are working can be exempted from attending.● House Meeting

	<ul style="list-style-type: none"> ○ Mandatory small group weekly house meetings to check in and help peers by providing constructive feedback and support ● Planner Meeting <ul style="list-style-type: none"> ○ Weekly planner meeting to discuss scheduling and plans for the week
Rules	<ul style="list-style-type: none"> ● No video games ● No steroids or unprescribed medication ● No sex in the house ● No unplanned spontaneous overnight trips without seven days notice ● 100% adherence to your aftercare plan ● Additional rules can be discussed over the phone if necessary
Support	<ul style="list-style-type: none"> ● Owners provide supervision and attend weekly house meetings and liaise with family as required. ● Full time manager visits the house daily but does not live on site.

Contact Information




Email

Please address all email communication to skookumhouses@gmail.com

Phone

Co-Owner Alistair will supply direct phone number upon request.

Requirements

	30 days of continuous sobriety and a desire to pursue a 12 step program of recovery.
	<p>All prospective guests must have the following qualities:</p> <ol style="list-style-type: none"> 1. Rigorous Honesty 2. Open Minded About the Path Forward 3. Willing To Do Whatever it Takes To Be Sober
	To secure the room, reach out to the email address above with any questions. A security deposit of \$825 is due upon confirmation of bed. The security deposit is forfeited in the case of expulsion (breaking of rules) or relapse of any kind.

